

**DAIRYLAND WALKERS BIMONTHLY MEETING
DOWNTOWN MADISON PUBLIC LIBRARY
OCTOBER 21, 2003**

Officers Present: Jo Sparks (Co-Vice President); Russ Crane (Treasurer); Karen Reger (Secretary); Barbara Borde (Member at Large)

In Attendance: 9

Meeting

Russ Crane started the meeting at 7:10 p.m. He mentioned the parking crunch due to a concert at the Civic Center (Lyle Lovett).

Secretary's Reports – Karen Reger

At the last membership meeting, Karen had forgotten to bring paper copies of the previous meeting's minutes so no action was taken at that time. For this meeting she brought along copies of the June 11 minutes, which were approved with no discussion. She also brought copies of the August 21 report, which was also approved with no discussion.

Treasurer's Report – Russ Crane

At the last Board Meeting, on September 18, the balance was \$3,124.63. Since then, income from dues, events, frequent walker coupons, and sales has totaled \$805.00. Expenses, totaling \$419.23, were due largely to two items. All of the year-round and seasonal events have been sanctioned for 2004 at \$20.00 apiece, and there were expenses for three past special events. The current balance is now \$3,510.40. This is an increase of \$385.77.

The report was approved.

Checking Account Name – Russ Crane

The Board had agreed to change the name on the club's checking account, and this has now been accomplished. The name was changed from Madison AVA Walking Club to Madison Area Volkssport Association.

Election of Club Officers – Russ Crane

Russ indicated that in December, elections would be held for officers. There is currently one vacancy, the vice presidency, and he indicated that Myles Sommerfeldt might be interested in being placed in nomination for that position.

Cambridge Walk – Barb Borde

Barb passed around a sign-up sheet for this upcoming walk to be held on November 1.

European Trip – Barb Borde

Barb had copies of the proposed itinerary for the European trip. Elke from Ed-Ventures, Inc., had been gone on several European trips but Barb has recently gotten in contact with her, and will do so again in the future. Dates and cost still have to be finalized. At the moment it's still set for the first two weeks in September.

Fall Highway Clean-up – Tom Doyle

This will be held on November 2, at 1:00 p.m., starting from Nora II's on Highway 12 & 18. The county has been doing a lot of weed cutting so that should help the walking.

December Membership Meeting – Jo Sparks

This is currently a work in progress. One thought would be for people to go to Olbricht to see the poinsettia and train exhibit, and then go somewhere for pizza.

Walk and Eat Gang – Barb Borde

This coming Thursday is the last walk for this group for the year, and it will be held at Devil's Lake at 10:30 a.m.

The business meeting was adjourned at 7:20 p.m.

Program

Wendi Sommerfeldt introduced the speaker for the evening, Dino Lucas, president of the Headhunter Multi-Sport Club. After leaving the Marine Corps he moved to Madison and got involved with biking and doing duathalons (running, biking, running). Not being able to even think about doing triathalons because he didn't know how to swim, he took lessons (two sessions) at the YMCA.

In 1994 he did the shortest triathalon distance (the sprint distance), a quarter mile swim, 12-15 miles on a bike, and running three miles. The Olympic distance is a one-mile swim, 24 miles on a bike, and a 10K run. The Ironman contest involves a 2.5 mile swim, 112 miles on a bike, and a marathon running distance (26.2 miles). Dino did his first Ironman in Switzerland three years ago, finishing in 12 hours and 18 minutes.

Madison has now had two Ironman competitions, and the contract is for a total of five years. There are four Ironman events in the United States – in Madison, Utah, Florida, and Lake Placid. The Hawaiian Ironman is the championship event, the only one that people have to qualify for in their age group. About 15% of the entrants in this year's Madison Ironman did not finish because of the heat and the rolling hills. Midnight is the cut-off time for having your name listed as a finisher. Even though the Ironman in Madison is already filled, you can still sign up as long as you are a Madison resident.

The club has all types of members from beginners to more experienced athletes, men and women. Madison has world-class athletes, among them Rod DeHaven, an Olympic marathoner.

Submitted by Karen Reger.