

## 400 State Trail Walk Reedsburg, Wisconsin

This is a recreational walk event sponsored by the Dairyland Walkers. The walk is a sanctioned event for credit toward IVV Achievement Awards.

There will be 11K and 6K options providing a choice of walk distances.

The walk of the 400 State Trail is being conducted over three segments of the trail during a three year period. This is year one. Each year has a new start and end point, covering most of the 400 State Trail from its head in Reedsburg to its terminus in Elroy. Walkers are transported from the sign-in area to the beginning of the walk, and will walk back to the finish area and their cars.

**START/FINISH** – The start location for this year’s walk is the parking lot of the trail’s easternmost point in Reedsburg at the Reedsburg Depot/Chamber of Commerce at the intersection of S Walnut St and South Ave. Look for the walk signs and the AVA banner. Start from 8:00 a.m. to 12:00 noon. All walkers should be finished by 3:00 p.m.

### COURSE DESCRIPTION –

11K (6.8 miles)	Trail Rating: 1
6K (3.7 miles)	Trail Rating: 1

The 22-mile 400 State Trail, part of Wisconsin’s 101 mile State Trail System connecting Reedsburg and Trempealeau, has links to the Elroy-Sparta State Trail, the LaCrosse River State Trail, and the Great River State Trail.

The 400 State Trail was opened in June of 1993 and was developed on an abandoned Chicago-Northwestern Railroad. The trail was named for the Chicago-Northwestern passenger train that traveled the 400 miles between Chicago and Minneapolis/St. Paul in 400 minutes. The trail is packed with limestone screenings and bridges with planked floors, providing a hard, smooth surface. Both routes lead through wetlands, sandstone bluffs, rolling croplands, and pastures as the trail repeatedly crosses the Baraboo River. The entire length of the trail follows along the river valley. Wheelchairs and strollers are permitted on the trail, but the surface may present some difficulty.

The last 2 1/2 kilometers of the 11K route wanders through the streets of Reedsburg. Just west across the Baraboo River from downtown Reedsburg, James W. Babb registered his claim in 1848, becoming the first white man to become a permanent resident in the area. David C. Reed, hearing of deposits of iron and copper in the area, soon followed. He built a saw and grist mill on the river and five shanties made of wood to house the laborers. Mr. Reed has been credited for starting the village, thus the name of Reedsburgh (Reedsburg) was given to the settlement. Because the business buildings were mostly constructed of wood, they were destroyed by fire. The new buildings, dating from the late 1800’s, replaced the wood structures. Many of these buildings still stand much as they were when originally constructed. A guide to the buildings passed by this walk is available in the Chamber of Commerce office.

**AWARD AND REGISTRATION** – There will be no pre-registration for this walk. Participants may walk for credit only -- \$3.00, or for free. The club is not offering an award for this walk; however, an embroidered cloth

patch (see cover design) is available from the Chamber of Commerce for \$4.25.

This walk meets the requirements of the Railroad Heritage and Riverwalk America special programs.

**PARTICIPATION** – This walk is open to everyone. There is no age restriction. At the start point, each walker must obtain a start card. Upon completion of the walk, ALL walkers must turn in the start card at the finish table.

**PETS** – Leashed pets are allowed on this walk.

**AMENITIES** -- Water and facilities are available at the start/finish. Water will be available at the start of the 6K walk.

### THE DAIRYLAND WALKERS –

The Dairyland Walkers, the local American Volkssport Association affiliate club, sponsors year-round and seasonal events at fifteen locations in Wisconsin. Several one-day events (such as this one) are also sponsored throughout the year.

Membership in the Dairyland Walkers Club is open to everyone for a nominal membership fee of \$12.00 for one or more members at the same address. This entitles you to receive our regular newsletter with updates of area walks and club news. For more information on membership & walks, contact:

Madison Area Volkssport Association  
C/O Tom Doyle, Membership Chair  
5824 Lochinvars Trail  
Marshall, WI 53559-9720  
Phone: (608) 655-3141  
E-mail: [tjdoyle98@msn.com](mailto:tjdoyle98@msn.com)

**VOLKSSPORTING** — Volkssporting and volksmarching began in Germany during the 1960's and is called "the sport of the people" as nearly everyone can enjoy it. You walk at your own pace and have several hours to complete each walk, allowing you the choice of browsing along the way or keeping up a brisk pace.

Volksmarching is a family-oriented, non-competitive activity. With registration for the event, the participant accepts the guidelines for American Volkssport Association (AVA) events and agrees to observe the principles of good sportsmanship. Each participant must also obey any state or local laws or ordinances.

Volkssporting is good exercise and encourages physical activity by providing events throughout the country, and world, in which people of all ages and all levels of physical fitness can participate.

For more information on volkssporting, visit the AVA website at [www.ava.org](http://www.ava.org) or our website at: [www.dairylandwalkers.com](http://www.dairylandwalkers.com).

**DISCLAIMER** – The sponsors of this event are not liable for accidents, personal injury, theft, and/or material damage. Each participant is asked to sign a waiver from liability before beginning the walk. Every effort will be made by the sponsors to make this event safe, enjoyable, and memorable.



**DIRECTIONS:** From Madison follow I-90/94 towards Minneapolis. Take exit 89 on SR 23 towards Reedsburg. Follow SR 23 for 13.2 miles into downtown Reedsburg. Turn left on S Walnut St and go 3 blocks. Turn left on South Ave into the parking area for the 400 State Trail.

**UPCOMING EVENTS**

May 17	Syttende Mai, Stoughton
June 21	Richard Bong SRA, Kenosha County
July 12	Merrimac
August 9	Coffee Break Walk, Stoughton
September 13	Waterloo
October 18/19	Prairie du Chien
October 18/19	Wyalusing SP

**Visit our Madison Area Year-Round and Seasonal events!!!**

**ADDITIONAL INFORMATION** – For further information contact Don Suloff, 4306 Fox Bluff Court, Middleton, WI 53562, (608) 821-0263, [suloff@tds.net](mailto:suloff@tds.net), or visit the Dairyland Walker's Web site at: [www.dairylandwalkers.com](http://www.dairylandwalkers.com).



# 400 State Trail Walk

**Reedsburg, Wisconsin**

**An 11K Walk Event  
With a 6K Option**

**Saturday  
April 19, 2008**



Sponsored by  
Madison Area Volkssport Association  
"Dairyland Walkers"

**NC08/80185**



Eligible for credit toward  
IVU Achievement Awards