

**Richard Bong
State Recreation Area Walk
Burlington, Wisconsin**

This is a recreational walk event sponsored by the Dairyland Walkers. The walk is a sanctioned event for credit toward IVV Achievement Awards.

There will be 10K and 6K options providing a choice of walk distances.

START/FINISH – The start location will be near the Molinaro visitor center. Look for the walk signs and the AVA banner. Start from 8:00 a.m. to 12:00 noon. All walkers should be finished by 3:00 p.m.

COURSE DESCRIPTION –

10K (6.2 miles) Trail Rating: 1+
6K (3.7 miles) Trail Rating: 1+

Neither walk is suitable for wheelchairs. Strollers may experience some difficulties.

The trails will take you through prairie and woodland, past wetlands and around Wolf Lake.

The Richard Bong State Recreation Area has more than 41 miles of trails and encompasses 4,515 acres of rolling grassland, savanna, wetlands and scattered woodland.

AWARD AND REGISTRATION – There will be no pre-registration nor awards for this walk. Participants may walk for credit only -- \$3.00, or for free.

PARTICIPATION – This walk is open to everyone. There is no age restriction. At the start point, each walker must obtain a start card and have it stamped at each checkpoint. Upon completion of the walk, all walkers must turn in the start card at the finish table, even if you participate for free.

PETS – Pets are not allowed.

AMENITIES – Water and facilities are available near the start/finish location.

ADDITIONAL INFORMATION – For further information contact:

Kim or Dave Rieyeff
1415 Clark Street
Janesville, WI 53545

608-756-1599
kriyeff@hotmail.com

or visit the Dairyland Walkers' Web site at:

www.dairylandwalkers.com



VOLKSSPORTING — Volkssporting and volksmarching began in Germany during the 1960's and is called "the sport of the people" as nearly everyone can enjoy it. You walk at your own pace and have several hours to complete each walk, allowing you the choice of browsing along the way or keeping up a brisk pace.

Volksmarching is a family-oriented, non-competitive activity. With registration for the event, the participant accepts the guidelines for American Volkssport Association (AVA) events and agrees to observe the principles of good sportsmanship. Each participant must also obey any state or local laws or ordinances.

Volkssporting is good exercise and encourages physical activity by providing events throughout the country, and world, in which people of all ages and all levels of physical fitness can participate.

For more information on volkssporting, visit the AVA website at:

www.ava.org



THE DAIRYLAND WALKERS

The Dairyland Walkers, the local American Volkssport Association affiliate club, sponsors year-round and seasonal events at these locations:

- Cedarburg
- Devils Lake State Park
- Eau Claire
- Janesville
- La Crosse
- Lake Geneva
- Madison (5 walks and 1 bike)
- Middleton
- Milwaukee
- Port Washington

Membership in the Dairyland Walkers Club is open to everyone for a nominal membership fee of \$12.00 for individuals or household. This entitles you to receive our regular newsletter with updates of area walks and club news. The club offers a total of 14 year-round/seasonal walks and one bike event. Several one-day events (such as this one) are also sponsored throughout the year. For more information on membership & walks, contact:

Madison Area Volkssport Association
C/O Tom Doyle, Membership Chair
5824 Lochinvars Trail
Marshall, WI 53559-9720

Phone: (608) 655-3141
E-mail: tjdoyle98@msn.com

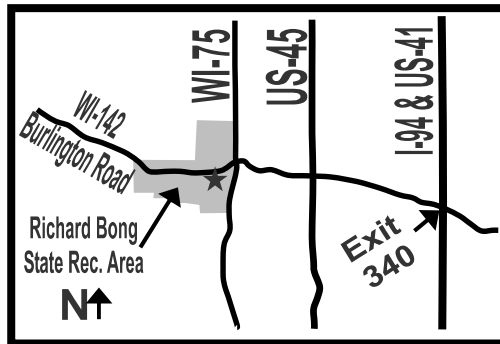
Visit our website at:

www.dairylandwalkers.com

DIRECTIONS:

From I-94 Between Milwaukee and Chicago: Exit I-94 at Exit 340 onto WI-142 (Burlington Road). Take 142 West about 9 miles to the Richard Bong SRA entrance. Entrance will be on the left. Enter SRA and follow AVA signs to the start point near the Molinaro visitor center.

ENTRANCE FEE – \$7.00 per day vehicle entrance fee, or a 2008 Wisconsin State Parks sticker.



DISCLAIMER – The sponsors of this event are not liable for accidents, personal injury, theft, and/or material damage. Each participant is asked to sign a waiver from liability before beginning the walk. Every effort will be made by the sponsors to make this event safe, enjoyable, and memorable.



Richard Bong State Recreation Area Walk Burlington, Wisconsin

An 10K Walk Event
With a 6K Option

Saturday
June 21, 2008



Sponsored by
Madison Area Volkssport Association
"Dairyland Walkers"

AVA NC08-80287



Eligible for credit toward
IVU Achievement Awards

